

**Tentative Program for 3 Days  
Continuing Medical Education (CME) on Sowa Rigpa  
(27<sup>th</sup> – 29<sup>th</sup> Feb. 2012)**

Organized by: Central Council of Tibetan Medicine, Dharamsala  
Funded by: Ministry of Health & Family Welfare,  
Deptt. of AYUSH, Govt. of India, New Delhi

<b>Day one 27<sup>th</sup> Feb. 2012</b>	
<b>Time</b>	<b>Topic</b>
9:00 a.m to 10:00 a.m	<b>Opening Ceremony</b>
<b>10:00 a.m to 10:15 a.m TEA BREAK</b>	
Session - 1 10:15 a.m to 11:45 p.m	<b>Topic:</b> Medical Negligence, how to avoid it? <b>Speaker:</b> Dr. R.K.Sharma <b>Chairperson:</b> Dr. Namgyal Qusar
Session - 2 11:45 p.m to 1:15 p.m	<b>Topic:</b> Medical Law Regarding Medical Practice <b>Speaker:</b> Dr. R.K.Sharma <b>Chairperson:</b> Dr. Namgyal Qusar
<b>1:15 p.m to 2:15 p.m LUNCH BREAK</b>	
Session - 3 2.15 pm to 3.45 pm	<b>Topic:</b> Mind Body Relationship <b>Speaker:</b> Dr. Lobsang Tenzin Ragdho <b>Chairperson:</b> Dr. Pema Dorjee
<b>3:45 p.m to 4:00 p.m TEA BREAK</b>	

<p>Session - 4</p> <p>4:00 p.m to 5:30 p.m</p>	<p><b>Topic:</b> Difference between Ayurveda and Tibetan Medicine</p> <p><b>Speaker:</b> Dr. Pema Dorjee</p> <p><b>Chairperson:</b> Dr. Lobsang Tenzin Ragdho</p>
<p><b>Day : Two 28.2.2012</b></p>	
<p>Session - 5</p> <p>9:00 a.m to 10:30 a.m</p>	<p><b>Topic:</b> Development of Sowa Rigpa; Tibetan Medical System</p> <p><b>Speaker:</b> Dr. Tsering Thakchoe Drungtso</p> <p><b>Chairperson:</b> Dr. Namgyal Qusar</p>
<p>10:30 a.m to 10:45 a.m    TEA BREAK</p>	
<p>Session - 6</p> <p>10:45 a.m to 12:15 p.m</p>	<p><b>Topic:</b> Management of Diabetes</p> <p><b>Speaker:</b> Dr. Namgyal Qusar</p> <p><b>Chairperson:</b> Dr. Tsering Thakchoe Drungtso</p>
<p>12:15 p.m to 1:30 p.m    LUNCH</p>	
<p>Session - 7</p> <p>1:30 p.m to 3:00 p.m</p>	<p><b>Topic:</b> Disease and Astrology</p> <p><b>Speaker:</b> Dr. Sonam Rinchen</p> <p><b>Chairperson:</b> Dr. Lobsang Tenzin</p>
<p>3:00 p.m to 3:15 p.m    TEA BREAK</p>	
<p>Session - 8</p> <p>3:15 p.m to 4:45 p.m</p>	<p><b>Topic:</b> Management of Hepatitis 'B'</p> <p><b>Speaker:</b> Dr. Pema Dorjee</p> <p><b>Chairperson:</b> Dr. Lobsang Tenzin Ragdho</p>

**Day : Three 29.2.2012**

<b>Session – 9</b> 9:00 a.m to 10:30 a.m	<b>Topic:</b> Diet and Nutrition in Sowa Rigpa and Modern Medicine <b>Speaker:</b> Dr. Tsering Thakchoe Drungtso <b>Chairperson:</b> Dr. Namgyal Qusar
10:30 a.m to 10:45 a.m TEA BREAK	
<b>Session - 10</b> 10:45 a.m to 12:15 p.m	<b>Topic:</b> Depression, how to manage it? <b>Speaker:</b> Dr. Lobsang Tenzin Ragdho <b>Chairperson:</b> Dr. Pema Dorjee
12:15 p.m to 1:15 p.m LUNCH	
<b>Session - 11</b> 1:15 p.m to 2:45 p.m	<b>Topic:</b> Management of Cancer <b>Speaker:</b> Dr. Namgyal Qusar <b>Chairperson:</b> Dr. Tsering Thakchoe Drungtso
2:45 p.m to 3:00 p.m TEA BREAK	
<b>Session - 12</b> 3:00 p.m to 4:30 p.m	<b>Topic:</b> Astrological Almanac and how to read it? <b>Speaker:</b> Dr. Sonam Rinchen <b>Chairperson:</b> Dr. Lobsang Tenzin Ragdho
<b>4:30 p.m Closing Ceremony</b>	