

Dr. Tsering Thakchoe Drungtso, Chairman

Dr. Tsering Thakchoe Drungtso was born in Dzingri, Tibet in the year 1969 in the central province of Tibet. He began his education at the age of eight and studied Tibetan literature and Buddhism from his father and Ngawang Chungney, both are learned former Sera monk. After the Chinese invasion of Tibet in 1959, thousands of Tibetans had to flee Tibet in the footsteps of their leader, His Holiness the Dalai Lama. Dr. Drungtso too, left, behind his home and his parents in occupied Tibet and undertook the dangerous journey across the Himalayan Mountains on foot to receive an education and achieve his goals. In 1983, he escaped to India, and joined T.C.V (Tibetan Children's Village), a School started under the auspice of His Holiness the Dalai Lama. He had been the founding member and editor of the Lower T.C.V School magazine "Donmey", editorial member of Upper T.C.V school magazine "Losel Melong" and also the founding and editorial member of Tibetan Medical and Astrological College magazine "Gangri Langtso". Since 1998-2004, he had been a consultant of English Edition of "Gangri Langtso" and he continue consultant of this journal from 2009 onwards again. He graduated from TMAI Collge in the year 1996 as a Men Pa Ka Chu pa (B.T.M.S) degree and Men Ram Pa degree (M.D) in the year 2009 with distinction.

#### WORK EXPERIENCE:

- Lectured at the Tibetan Medical and Astrological College (Men-Tsee-Khang) Dharamsala, India (1997-2004, 2009,2010.....)
- Since 1998, he has travelled extensively in Europe and the West, for both healing and teaching purposes. He has taught students from the U.S.A, Germany, France, Spain, Holland, Australia, Austria, Poland, Canada, Israel, England, Mongolia, Japan, Switzerland and Russia.
- He has given talks and lead workshop and teachings on Tibet and Tibetan Medicine at various Societies, Centers and Universities, to mention a few, it includes following Universities and Centres:
  1. Cambridge University (U.K), Main Physiology Lecture Theatre-1st of March 2005
  2. Freiburg Medical University (Germany), 15th February 2004
  3. The Buddhist Society, Eccleston Square (London)-20th April' 2005
  4. Studio Cambridge (U.K)-20th of March' 2005
  5. Emmanuel College, Cambridge, UK-2nd of February' 2005
  6. Asia Museum Warsaw (Poland)-20th of June' 2003
  7. Institute of Valeology, Poznan (Poland)-16th –18th June' 2003
  8. Society of Chinese Medicine, Lubeck (Germany)- 25th of January' 2003

9. Kailash Centre of Oriental Medicine (London)-17th –27th of April 2005
10. Tibet Kailash Centre, Freiburg (Germany)
  - a) 15th –16th of February 2003
  - b) 11th-12th June' 2005,
  - c) 22nd January' 2006
11. Oase Spiritual Centre, Lubeck (Germany)- 27th January' 2003
12. National Medical Science Hospital (Astana) and Almaty (Kazakistan)-Nov 22-12th December 2007 (Seen patients)

- Dr. Drungtso is one of the few principal resource persons at seminars and courses conducted by the Men-tsee Khang during the last several years.
- He also gave several talks on Tibetan Medicine to various groups of foreign students including, SIT Study Abroad (School for International Training, USA), Global Learning across Borders, USA, and Social International Studies from Montreal, Canada.
- He also taught and led several groups for herbal excursion to Himalayan region including groups from Swiss and Netherland at the request of Sumico Tours and Travels and Dr. Lobsang Tsultrim Tsona from Holland.
- Dr. Drungtso is arguably the first-ever Tibetan doctor to have successfully blended traditional and modern techniques to make Tibetan Flower Essence, which has proven highly effective following scientific tests in Australia.
- He was selected for an English language Scholarship for Tibetans (ELST) in 2005 for English Language study at Studio Cambridge, England.
- He was also awarded the status of Visiting Research Associate Scholar and member at the Darwin College, Cambridge, UK in 2005. During that time he had the privilege of exchanging knowledge with many doctors and experts on School Medicine and visited not only Arthur Rank House Specialist Palliative Care Services (Cambridge City Primary Care Trust) but also Addrenbrooke's Hospital (University of Cambridge School of Clinical Medicine).
- Lectured at China Medical University, Taichung, Taiwan on 12th June 2007.
- Lectured at Yangtse University, Taiwan on 14th June 2007.
- Lectured at Yang-ming University, Taiwan on 15th June 2007.
- Lectured to Rustic Pathways (Cultural Immersion Trips, Throughout the World for US High School Students) at Pema Thang, Dharamsala, India on 9th July, 2007.

- Talk given at Tsa Tsa Buddhist centre, Bochum, Germany, on 31 of January, 2010.
- Talk given at Lubeck, Germany, on 23 of January, 2010.
- Organizing Committee member of National Conference cum workshop on Tibetan Medicine, Co-organized by CCTM and TMAI, (24-28 March 2008 at Men Tsee Khang).
- Taught during the Tibetan Medicine Course for the students of University of Minnesota, USA ( June 2008 at Men Tsee Khang)
- Taught during the ten day Tibetan Medicine Course for the foreigners, June 2008 at Men Tsee Khang)
- Organizing Committee member of National Conference cum workshop on Tibetan Medicine, co-organized by CCTM and TMAI, (15-17 March 2010 at Men Tsee Khang).
- Committee member of TM Diploma Syllabus for I.I.H.T.S (International Institute for Higher Tibetan studies, Austria, 2009.
- Committee member of BA (TM) Syllabus for I.I.H.T.S (University plan), Austria, 2010.
- 14th TMAI director nominee finding committee member 2010.
- Executive member of CCTM from 2007-2010 March 17.
- Taught during the Tibetan Medicine Course for the students of University of Minnesota, USA ( May24-30, 2010 at Men Tsee Khang)
- Chairman of CCTM from March 17, 2010 –March 17, 2013.

## PUBLICATIONS

Author: Drungtso, Dr. Tsering Thakchoe

Title: Tibetan Medicine-The Healing Science of Tibet

Publisher: Drungtso Publications, 2008 (Revised Edition)

ISBN: 81-901395-5-X

Author: Drungtso, Dr. Tsering Thakchoe and Drungtso, T. Dolma

Title: Tibetan-English Dictionary of Tibetan Medicine & Astrology (Revised and Enlarged Edition)

Publisher: Drungtso Publications, 2005

ISBN: 81-901395-2-5

Author: Drungtso, Dr. Tsering Thakchoe

Title: Healing Power of Mantra-The wisdom of Tibetan Healing Science

Publisher: Drungtso Publications, 2008 (Revised Edition)

ISBN: 81-901395-6-8

Author: Drungtso, Dr. Tsering Thakchoe

Title: Basic Concepts of Tibetan Medicine-A Guide to Understanding Tibetan Medical Science

Publisher: Drungtso Publications, 2007

ISBN: 81-901395-4-1